

**AMITY SCHOOL DISTRICT
ATHLETIC/ACTIVITY
HANDBOOK**

**MISSION OF WARRIORS
ATHLETIC/ACTIVITIES**

“Amity School District will offer a well-rounded, safe, educational, and competitive athletic experience for students that will help prepare them for life-long endeavors following high school”

AHS/AMS ATHLETE & ACTIVITIES HANDBOOK
AHS & AMS ATHLETIC/ACTIVITY PARTICIPATION AGREEMENT

Revised 7-1-12

The Oregon School Activities Association (OSAA) shall administer interscholastic athletic/activities programs in grades nine through twelve. The Amity School District 4J, however, maintains final authority regarding the implementation of its athletic/activity programs. The purpose of athletic/activity programs is to promote, direct and conduct athletics and activities to further friendly relations with other schools, to uphold the rules and regulations set forth by the District and by the OSAA, to encourage participation by all students, and to teach good sportsmanship and fair play.

The Amity School District is proud of its athletic programs. Our student athletes learn the value of teamwork, dedication, cooperation, hard work, and having fun. Students participating in athletic/activity programs provide a source of pride at school and in our community. This involvement has helped motivate improved student academic performance. The Mission of our athletic/activity programs is to offer a positive, well-rounded, safe, competitive and educational experience that will help prepare them for life-long endeavors. Our coaches, administrators, teachers, students and community expect participants to consistently follow the program guidelines, to have good attendance records, to be neat and clean in appearance and to behave in an appropriate manner at all times. The guidelines set forth in these rules have been established as a minimum code for all high school and middle school athletes and approved club members. The coach and/or advisor in conjunction with the building administration will administer these rules. These rules do not supersede the district's student discipline policy and administrative rules.

The following guidelines have been established for student and parent approval before any student can represent Amity School District in activities and or athletics:

For the purposes of brevity the term "student, athlete, participant" will refer to all athletes and approved AHS activity participants.

Length of Agreement

This District rule is in effect from the first day a student begins participation in a high school or middle school sport or activity and throughout the remainder of the student's attendance in the Amity School District. It is in effect 24 hours a day seven days a week.

Review Board

In the event of disciplinary action against a participant, he/she may ask for a hearing before the Review Board. The purpose of the Review Board is to hear appeals concerning the discipline of student participants. Any decision made by the review board may be appealed to the Principal. The members of the Review Board shall include at least two head coaches, athletic director and activities director.

Ejections

All ejected players must go before the school board at its next scheduled meeting and discuss their behavior with the board. All players will pay \$50.00 to the high school for their first ejection. A player's second ejection will result in the player paying the entire fine imposed by the OSAA. Fines will be paid before the individual will be allowed to participate in the next contest. Failure to pay will result in removal from that sport and any following sport until the fine is paid.

Medical Guidelines for students participating in athletics

1. A physical on a certified OSAA form is required for each participant every two years, beginning the first year of sports participation. A student playing football will need a physical every year.
2. After a major injury or significant illness requiring a doctor's treatment a participant will be required to submit a physician's clearance before resuming practice.

Amity High School Academic Eligibility Requirements

Each student must meet these requirements to be eligible to participate in the athletic program. The students at Amity High School must be passing all of his/her classes. No “F” or “N” grades allowed.

Consequences:

Students with an “F” or “N” at any 4-1/2 week check will be placed on academic probation. These students will miss one contest for each “F” or “N” received at the grade check.

***Grades for students on academic probation will be checked on Monday of each week to determine the students’ eligibility for the next seven-day period. Students with any “F(s)” or “N (s)” may not play until after the next regular grade check is made.**

Ineligibility:

Students will be checked at 9 weeks and 18 weeks for G.P.A.

Students must have a 2.0 G.P.A. to participate in the sport. Students with a G.P.A. below a 2.0 will be removed from the sport they are currently in.

OSAA:

Students must pass at least 5 classes at the semester. If the student does not pass the minimum requirement of 5 classes he/she will be deemed ineligible for the remainder of the season.

Satisfactory Progress toward Graduation. In addition to the specific credit requirement identified in Rule 8.1.1., to be scholastically eligible, a student must be making satisfactory progress towards the school's graduation requirements by earning a minimum of the quantity of credits indicated on the chart below prior to the start of the specified year.

Credits to Graduate	Prior to Year 2	Prior to Year 3	Prior to Year 4
24	4.5	10.0	17.0

OSAA rules allow for a student to make up course work during the summer. If a student did not pass 5 classes spring semester (OSAA rules state that a student must pass 5 classes the preceding semester in order to be eligible for participation), he/she can (should) make up the deficits during the summer. Should a student/athlete fall into this category (of not passing 5 classes the preceding spring), they should make every effort at making up those credits. (Chemeketa, on-line courses, summer school, credit recovery)

Facilities and Equipment Use

1. Participants are expected to report needed equipment repair immediately to coach or advisor.
2. Equipment or clothing lost or damaged will be billed to the athlete at replacement cost.
3. All participants are expected to help keep the locker rooms and playing fields clean at home and on trips.
4. Participants will take their books and homework to the dressing room before 4:00 PM. After practice, athletes will leave promptly while supervised.
5. Participants will limit physical activity in the dressing room in order to avoid injuries.
6. Participants are asked not to bring valuables to the locker room. The participant assumes responsibility for all lost or stolen articles.
7. Equipment will be used in a safe manner as intended by the manufacturer
8. Equipment broken from negligent use may be charged to participant.

Lettering and Awards

1. An athlete at Amity High School will receive a letter if they have participated in at least half of the scheduled varsity contests or serve on the varsity team in some capacity (i.e. manager, statistician, etc.) In regards to wrestling, a wrestler will letter if they fulfill the above-mentioned requirement or qualify for the state-wrestling tournament.
2. Only one letter (block "A") will be awarded to each qualified varsity participant and manager. Emblems will be awarded for each varsity letter in each sport. Certificates will be awarded to all junior varsity participants, scorekeepers, and statisticians as designated by the coach/advisor.
3. If the principal determines that an athlete is not in good standing regarding his/her behavior, attendance, and academics an athletic letter will not be given.
4. Exceptions may be made by coach with Athletic Director and Principal approval.

Practice Sessions

1. Practice sessions will comply with OSAA guidelines.
2. Practices will be conducted outside of school hours and run no later than 9:30 PM on school nights.
3. Practices may be held on weekends at the discretion of the coach.
4. Injured and/or ill participants who are unable to take part in practice sessions are expected to attend practice unless excused by the coach.
5. If school is not held due to weather conditions or other emergency situations no practices or contests will be played unless approved by the principal and superintendent.

Student Managers, Scorekeepers and Statisticians

1. Will be appointed by the coach/advisor.
2. Will care for all equipment and perform duties as assigned by the coach/advisor.
3. Will be treated courteously by all teams' members.
4. Will complete and sign an Athletic/Activities Participation Agreement.

Team Rules

1. A copy of the Athletic/Activity Participation Agreement and individual team expectations will be given to each participant, parent and explained at a mandatory pre-season team meeting.
2. Coaches will also review and discuss the Athletic Participation agreement with the participants during an early season team meeting.

Transportation

The Athletic Director or Activities Director will arrange transportation. Participants will ride to and from practices and contests in school approved transportation. Coaches / Advisors may grant permission for students to leave an event given the following conditions:

- A. A request in writing has been filed with the Athletic Director/Activities Director and the Principal prior to the event.
- B. A written request is given to the Coach / Advisor the day of the event.
- C. Student is signed out by authorized parent or guardian with Coach / Advisor at conclusion of event.
- D. A phone call is not a reasonable means of request.
- E. A student that has been removed from the bus during the day will not be allowed to ride the bus for sporting events or school activities.

Dual Participation

Participants will only be allowed to participate in one school sponsored sport or activity during the same season unless a mutual written agreement has been made by affected coaches, the athlete, parents, and administration.

Criminal Behavior

The admission of facts which constitute a criminal offense, or conviction of a criminal offense, either felony or misdemeanor, (excluding minor traffic violations) may result in suspension from participation for a maximum of six (6) weeks from the date of admission or conviction, or the beginning of the competition season. A second offense will result in suspension from all athletic and activity programs for one calendar year.

Suspension Out of School

Students cannot participate in interscholastic practices, activities or competitive events for the duration of an out-of-school suspension. Out of school suspension for an athlete or club member will also result in inability to participate in the next scheduled event following the suspension. The accumulation of two (2) out of school suspensions during a sport season will result in dismissal from the squad for the duration of the sport season. ASB and class officers who acquire (2) out of school suspensions will be dismissed for the remainder of the year.

In-School Suspension

In-school suspension shall result in denial of participation in competition events and/or practice, unless the student athlete attends, fully participates, and completes the in-school suspension requirements.

Behavior

Participants are expected to model exemplary behavior. Students in violation of a severe disciplinary infraction or who establish a pattern of noncompliance as defined by the student code of conduct or the athletic and activities handbook will have the incident(s) reviewed by the administration. The administrative review may result in discipline up to and including being declared ineligible to participate in district activities for a length of time to be determined by the administration. Student athletes or officers who use threats or threatening actions against others; who use profane or obscene language directed at school employees, coaches, fans, other players, team members or officials; who use any actions or words considered insubordinate to coaches, advisors, or who use actions or words that bring discredit to the team or ASD, may be suspended from the team, activity, or office held at the discretion of the Coach, Activities Director, Athletic Director and or Principal.

Attendance

Any partial or full day unexcused absence on the day of an activity will result in ineligibility for that activity. A pattern of irregular attendance will be reviewed by the administration at any time and may result in short-term activity ineligibility as determined by the administrative review. Students must also be in attendance for at least a half-day even with an excused absence to become eligible to compete in that afternoon or evening activities. **(Only exceptions approved by the principal in advance will be accepted.)**

Flagrant Fouls and/or Unsportsmanlike Penalties

Athletes who receive a flagrant foul or an unsportsmanlike penalty must be removed from the game at the time of the violation. The coach will discuss the incident with the athlete. The athlete may return to competition when the coach feels that he/she has regained emotional control. **Multiple Flagrant Fouls and/or Unsportsmanlike Penalties may result in removal from his/her team.**

Athletic & Academic Suspension

During suspension periods, the participant will be required to practice and to sit on the team bench in street clothes at all home games. The Head Coach may waive this requirement. All athletes who are suspended at the end of their sport season or late in the season and are unable to complete their suspension time in that sport will continue their suspension time at the beginning of the next sport season in which they compete. Athletes who choose to drop the sport rather than complete the assigned suspension period will serve the suspension at the beginning of the next sport season in which they compete. (Preseason practice time does not count toward suspension time.)

Possession of Illegal Substances

No student involved in an interscholastic athletic/activity program shall knowingly possess, use, transmit or be under the influence of alcohol, a tobacco product, performance enhancing drugs, inhalants, look-a-like drugs, or controlled substances of any kind (except as prescribed by a medical professional). See Student Handbook.

In the Presence of Illegal Substances

Any athlete, club member, or officer who finds himself/herself in the company of persons who illegally use, possess, transmit or are under the influence of alcohol, controlled substances, inhalants or performance enhancing drugs, (i.e. frequenting places, areas, or sites where drugs and/or alcohol are present) is expected to leave immediately. Failure to leave immediately will result in the violation of this administrative rule. The consequences will then be considered to be the same as those for possession, use or transmission of controlled substances as stated in the Amity School District handbook.

Participation Turnout Deadlines

The Turnout deadlines have been set by coaches to encourage student athletes to make a decision to participate. This will allow coaches to obtain an accurate number of participants for their sports program. An exception will be made for students that come into the district after a deadline has passed and meet OSAA eligibility requirements.

Substance Abuse Disciplinary Action Plan

The possession, use or transmittal of alcohol, a tobacco product, performance enhancing drugs, inhalants or controlled substances, a determination by a school official that a student-athlete used either alcohol, tobacco, performance enhancing drugs, or controlled substances, or a determination that an athlete did not immediately leave the company of those who were using, will subject the student-athlete to the following consequences in addition to school disciplinary procedure:

FIRST OFFENSE: THREE WEEKS SUSPENSION

Suspension will be from activities, or participation in interscholastic athletic competition from the date of possession, use or transmission became known to a school official. This may result in suspension from participation for a maximum of six (6) weeks from the date of admission or conviction, or the beginning of the competition season. By agreement among the coach, staff and athletic director, the student athlete must attend all practice sessions and undergo a current drug assessment. The student must also undergo a drug test and or screening. They will follow the recommendations from the assessment report including participation in an approved community alcohol or other drug education program. Pre-season practice time will not be considered as part of the suspension time.

Reinstatement of the student to the athletic or activity program is contingent upon the student complying with any written recommendations made by a substance abuse counselor, or other appropriate person, and the athletic/activity director's approval for reinstatement in the program. Successful completion of any recommendations by a substance abuse counselor or other appropriate official will be evaluated and approved by the athletic director and principal. Failure to comply with the recommendations following a first offense will result in the imposition of a sanction under **SECOND OFFENSE** of the Disciplinary Action Plan.

SECOND OFFENSE: ONE CALENDAR YEAR SUSPENSION

Suspension from participation in scholastic athletic competition will be for ONE CALENDAR YEAR from the date the possession, use, transmission, or being under the influence became known to a school official. The student-athlete must also undergo a drug test. The athlete will follow the recommendations from the assessment report including participation in an approved community alcohol or other drug education program.

Reinstatement of the student or athlete to a program is contingent upon the student complying with any written recommendations made by a substance abuse counselor, or other appropriate person, and the athletic director's approval for reinstatement in the program. Successful completion of any recommendations by a substance abuse counselor or other appropriate official will be evaluated and approved by the athletic director. Failure to comply with the recommendations following a second offense will result in the imposition of a sanction under

THIRD OFFENSE & SUBSEQUENT OFFENSES:

Full suspension from all programs for an additional calendar year for each offense.

Voluntary Assistance Request (V.A.R.)

There may be no disciplinary consequences under this agreement if, prior to investigation or apprehension for an offense involving the use of alcohol, a tobacco product, a performance enhancing drug, inhalant or a controlled substance, a student voluntarily requests assistance from school officials.

The intent of V.A.R. is to assist the student who truly has a long-term drug/alcohol problem. A student may use this self-referral process once in his/her high school career. Should a student face a second offense, he or she would face the consequences listed in the Disciplinary Action Plan.

Extra-Curricular Participant Drug Testing

This policy is intended to create a safe school environment by:

1. Providing for the health and safety of all students involved in extra curricular activities;
2. Undermining the effects of peer pressure by providing a legitimate reason for extra-curricular activity participants to refuse illegal drugs; and
3. Encouraging students who use drugs to participate in treatment programs.

No district employee shall knowingly sell, market or distribute steroid or performance enhancing substances to kindergarten through 12th grade students with whom the employee has contact as part of the employee's district duties; or knowingly endorse or suggest the use of such drugs.

Definitions:

“Drug”:

Any substance considered illegal under Oregon laws or which is controlled by the Food and Drug Administration; and alcohol.

“Extra-Curricular participant”:

Any Amity School student participating as a member in approved activities by Amity School District 4J's Board of Education

“Season”:

Fall, winter and spring seasons begin the first day of practice and end the day prior to the next season as determined by the Oregon School Activities Association.

“Positive test”:

The presence of any level of illegal drugs other than prescription medications specifically prescribed for the student.

Procedures:

Consent:

Each student involved in extra-curricular activities will be required to provide a signed consent form prior to joining the program. Both student and parent/guardian signatures are required.

Non-punitive nature of Policy:

Students will not be penalized academically for testing positive for illegal drugs under this policy nor will drug tests be documented in any student's academic records. The information gathered under this policy will only be disclosed to criminal or juvenile authorities in order to comply with lawful court orders or subpoenas. In the event of such legal compulsion, Amity School District 4J will notify parents/guardians at least 72 hours prior to releasing information.

Testing Rules:

1. All extra-curricular participants may be tested at the beginning of any season at the discretion of the superintendent (or designee). Students joining a program after the season starts will be tested if the rest of the team was earlier;
2. Random testing of extra-curricular participants may occur at any time as determined by the superintendent (or designee).

Procedures for testing:

1. Selection for testing will be random from a pool of all participants. The superintendent will take due precautions to ensure the integrity and confidentiality of the selection process. No individual involved in the selection process will be able to identify students or determine the selection of a particular student for testing.
2. The school athletic director/administrator will be notified on the day students are selected for testing and will arrange for samples to be taken the same day. Absent students may provide the sample the day they return to school.
3. Students who refuse to be tested or provide an altered sample will be considered to have tested positive and will be subjected to the procedures listed below.
4. Samples will be collected at or by Willamette Valley Medical Center (WVMC) and split and sealed at the time of collection. One (the original) will be tested at Oregon Medical Laboratory. The other is to be used for confirmation of all positive results at a second laboratory. Original positive samples will be sealed and maintained for one year at the Oregon Medical Laboratory.

Scope of Tests and Confidentiality of Results

The laboratory will be instructed to test for one or more drugs and this will be determined prior to the student selection process. Samples will not be screened for the presence of any substances other than drugs or for the existence of conditions other than those related to drug use.

Positive Results

Whenever an extra-curricular participant's results indicate the presence of drugs (positive test), the following steps will be taken:

1. The student will be asked if he/she wishes to have the original sample re-tested (a second positive result will be at the parent/student expense). If not, the results shall be considered accurate.
2. If the original test is negative, the student will be notified and no further action will be taken. If the sample tests positive, a parent/guardian will be notified and a meeting will be scheduled with the superintendent (or designee), the student, the parent/guardian and the principal. The purpose of this meeting shall be to implement the procedures noted as follows.

First Positive Result: *

For the first positive test, the student will be given the option of participation in a drug assistance program and submission to random drug testing (at the parent/student expense) for eight weeks (regardless of whether or not the season ends prior to the eight weeks), or suspension from the extra-curricular program for the remainder of the current season and the next season. If the student elects random testing, positive results after four weeks or inadequate progress in the intervention program after two weeks will be considered failing and the student will be immediately suspended from the extra-curricular program and considered ineligible for the next season.

Second Positive Result: *

For the second positive result, the student will be suspended from the extra-curricular program for one calendar year.

Third Positive Result: *

For the third positive result and any subsequent positive result, the student will be suspended from all extra-curricular programs for one calendar year.

*Students wanting to return to participation following a suspension from extra-curricular activities will be required to pass a drug test. (At the parent/student expense)

Amity School District 4J Extra-Curricular Drug Testing Consent

EXHIBIT A

General Authorization Form

I understand that my performance as a participant and the reputation of my school are dependent, in part, on my conduct as an individual. I hereby agree to accept and abide by the standards, rules, and regulations set forth by the Amity School District Board of Education and the sponsors for the activity in which I participate.

I also authorize Amity School District to conduct a test on a urine specimen, which I provide, to test for drugs and/or alcohol use. I also authorize the release of information concerning the results of such a test to the Amity School District and to the parents and/or guardians of the student.

This shall be deemed consent pursuant to the Family Education Right to Privacy Act for the release of above information to the parties named above.

Student Signature

Date

Parent or Legal Guardian Signature

Date

PLEASE LIST / CIRCLE ALL SPORTS AND ACTIVITIES IN WHICH YOU WISH TO PARTICIPATE

Fall:
Volleyball
Football
Cross Country
Girls Soccer
Cheerleading

Winter:
Girls Basketball
Boys Basketball
Wrestling
Dance Team
OHSET
Robotics
Girls Swimming

Spring:
Track
Baseball
Softball
Boys Golf
Girls Golf

Activities:
FFA
Yearbook
Music
Theater
NHS
Student Council
Leadership
Model United Nations

Other: _____

AMITY PUBLIC SCHOOLS DISTRICT 4J
CODE OF CONDUCT & WAIVER OF SCHOOL SPONSORED INSURANCE

Permission Form:

I want my son/daughter to have the privilege of participating in athletics/activities. He/she has my permission to compete in those sports/activities, which are approved by the Board Of Education for School District #4J, and to go with the coach/advisor on any regularly scheduled trips. While I expect school authorities to exercise reasonable precautions to avoid injury, I understand that they assume no financial obligation for any injury that may occur.

Disclaimer:

As a student participant in athletics/activities, I have read and I agree to abide by the rules and consequences as detailed in the Athletic/Activity Participation Agreement and Athlete and Activities Handbook. I understand that sports and/or activities participation involves some risks, and I accept the possibility that my child may be slightly, seriously or even fatally injured depending on the nature of the sport in which he/she is participating. Your signature indicates that you have given your permission for a coach, advisor, teacher or other school personnel to transport or arrange for transportation for your son/daughter to a medical facility for treatment when they deem it to be necessary. You are also giving your permission to have your son/daughter receive diagnostic, therapeutic, and operatic procedures as deemed necessary by professional medically trained individuals so that no unnecessary delays will occur with treatment.

In the event that a student-athlete is of age to use tobacco products they are agreeing not to use tobacco by signing this agreement.

Signature of Participant

Date

Signature of Parent/Legal Guardian

Date

It has been the policy of Amity Public Schools for many years that middle-school and high school students participating in athletics must have student accident insurance. Since many parents are adequately insured under family plans, it is felt that the completion of the waiver is an acceptable means of insuring students against accidents that may occur at school. The school district is not responsible for medical payments for injuries to students. However, as a service to parents and students, the school district acts as an intermediary to obtain the best student accident insurance program available. Insurance fees for students participating in athletics may be waived, providing the parent or guardian signs a waiver indicating that she/he understands she/he has the responsibility for payment of medical care in case of injury. If you carry insurance other than through the school, **IT IS THE PARENTS RESPONSIBILITY** to check with your insurance agent **TO DETERMINE WHETHER OR NOT ACTIVITY INJURIES** are covered under your private policy.

I, _____
(Parent/Legal Guardian Name) (Address)
do hereby accept responsibility for payment of all medical care of my child due to injury while participating in school sponsored and school supervised activities.

(Name of Participant)

(Grade)

(School)

Date _____ Parent/Legal Guardian Signature _____

**PARTICIPATION IN SCHOOL SPONSORED EXTRACURRICULAR
ACTIVITIES EMERGENCY MEDICAL TREATMENT AUTHORIZATION**

Student Signature _____ Parent/Guardian Signature _____

Medical Information:

Known allergies: _____

Special Medications: _____

Date of last tetanus shot: _____ Other Conditions: _____

History of heart condition, diabetes, asthma, epilepsy or rheumatic fever: _____

Any physical restrictions: _____

Family Doctor: _____ Doctor's Phone: _____

Parent or Guardian Phone: (Work) _____ (Home) _____ (Other) _____

INSURANCE INFORMATION:

Insurance Company Name: _____

Policy Number: _____ Coverage: _____

Athlete/Guardian Guidelines:

As a guardian to an Amity Warrior Athlete I understand that my role is to support my child and help better the programs and experiences of everyone involved in Amity School District programs.

I can and should expect our coaches to communicate expectations for the entire team, locations and times of practices, standard operating procedures in emergency situations, and team requirements.

Coaches can and should expect that I will express any questions directly to them, notify them directly of any scheduling conflicts or changes, child specific safety concerns.

Issues regarding other athletes will not be discussed. Coaches will also not be expected to discuss playing time or strategy and play calling.

We want all athletes in our programs to have an enjoyable experience. As spectators we are striving to help create a positive experience for coaches, athletes and staff members. As a district we will offer well rounded, safe, educational and competitive athletic experiences for students that will help prepare them for life-long endeavors following high school.

By signing this document you are agreeing to promote a positive environment at all Amity High School Athletic/Activities. It is also understood that promoting unsafe or negative environments could result in my removal from contests.

THIS DOCUMENT MUST BE SIGNED BEFORE MY SON/DAUGHTER MAY PARTICIPATE IN _____ DURING THE 2018-2019 SCHOOL YEAR.

(All Sports)

(STUDENT ATHLETE NAME PRINTED)

(DATE)

(STUDENT ATHLETE NAME SIGNED)

(PARENT/GUARDIAN NAME PRINTED)

(DATE)

(PARENT/GUARDIAN NAME SIGNED)