Amity School District
Local Wellness Policy Progress Assessment

Date: June 2023

1) All schools within the district participate in the USDA child nutrition programs administered through the ODE, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP).

Implementation: ❑ None ❑ Partial X Full

Notes: All three (3) schools of the Amity School District participate in the NSLP and the SBP.

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2) All school nutrition program directors, managers and staff will meet or exceed hiring and annual continuing education/training requirements in the USDA Professional Standards for Child Nutrition Professionals.

Implementation: ❑ None ❑ Partial X Full

Notes: Food Service staff use the training spreadsheet to log training topics and hours. All staff are on track to meet their required training hours.

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3) Students and staff receive consistent nutrition messages throughout the school environment. Effective promotion of nutritious foods and beverages to students is consistently implemented through a comprehensive multi-channel approach by staff, teachers, parents and the community.

Implementation: ❑ None ❑ Partial X Full

Notes: Menus are posted on the district website and are available in each school office. Daily offerings are posted daily at each school site.

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4) All Food and beverages sold to students in a K-12 public school as part of the regular or extended school day meet the minimum state and federal standards. (with exceptions, see policy EFA)

Implementation: ❑ None ❑ Partial X Full

Notes: The Head Cook ensures nutrition and portion standards are met for each grade span for all school sites.

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5) Free, safe, unflavored, drinking water is available to all students throughout the school day and throughout every school campus. Drinking water is available where school meals are served during mealtimes.

Implementation: ❑ None ❑ Partial X Full

Notes: Water is available at all school sites throughout the school day.

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6) All foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus during the school day meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snacks Standards. These standards apply in all locations and through all services where food and beverages are sold which may include, but are not limited to a la carte options in cafeterias, vending machines, school stores and snack or food cars.

Implementation: ❑ None ❑ Partial X Full

Notes: None of the schools operate a school store or have vending machines in their building.

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7) Foods offered on the school campus are encouraged to meet the nutrition standards set by USDA and Oregon Smart Snack Standards. This includes, but is not limited to, celebrations, parties, classroom snacks brought by parents, rewards, and incentives.

Implementation: ❑ None X Partial ❑ Full

Notes: Healthy snacks are encouraged in the Student Handbook. Teachers encourage healthy snacks from home.

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8) Foods and beverages that meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snack Standards are sold through fundraisers on the school campus during the day.

Implementation: ❑ None ❑ Partial X Full

Notes: Students do not participate in fundraising activities/sales during the school day.

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9) Any foods and beverages marketed or promoted to students on the school campus during the school day meet or exceed the nutrition standards set by the USDA and the Oregon Smart Snack Standards.

Implementation: ❑ None ❑ Partial X Full

Notes: There are no vending machines located on any school site.

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10) Every public school student in kindergarten through grade 8 shall participate in physical education for the entire school year. Student in grades K - 5 shall participate for at least 120 minutes during each 4-day school week and students in grades 6-8 for at least 180 minutes per 4-day school week. At least 50% of the weekly physical education class time shall be devoted to actual physical activity.

Implementation: ❑ None X Partial ❑ Full

Notes: To comply with board policy, time needs to be added at the ES and MS.

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11) Physical education instruction is provided by adequately prepared teachers who meet the state adopted academic content standards for physical education and who regularly participate in professional development.

Implementation: ❑ None ❑ Partial X Full

Notes: All Physical Education teachers have the required endorsements and receive professional development as needed.

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12) Students with disabilities, chronic health problems, other disabling conditions or other special needs that preclude them from participating in regular physical education instruction shall have suitably adapted physical education.

Implementation: ❑ None ❑ Partial X Full

Notes: Physical Education teachers adapt curriculum and work with specialists as needed to make physical activity accessible to all students.

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13) Physical activity should be included in a school's daily education program for grades PreK – 12. Physical activity should include regular instructional physical education as well as co-curricular activities and recess.

Implementation: ❑ None ❑ Partial X Full

Notes: As scheduled, students have access to physical activity during the day, including recess K-8.

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14) At least once every three years, the district will evaluate compliance with the local wellness policy, to assess the implementation of the policy and produce a triennial progress report.

Implementation: ❑ None ❑ Partial X Full

Notes: Last assessment was completed in 2020. We are within the three (3) year cycle.

Amity School District
Local Wellness Policy Progress Report

Amity School District and its member schools follow the precepts of the Local Wellness Policy with minor exceptions in the following areas:

- The Head Cook will track training topics, dates, and times for food service personnel. The use of the USDA Professional Standards Tracker is encouraged.
- The ES will encourage parents to send snacks that follow Smart Snack guidelines.

When compared to a model policy provided by the Alliance for a Healthier Generation, the Amity School District Local Wellness Policy includes all required sections and adheres to the guidelines of a model wellness policy. The reviewer recommends that the district consider adding as section encouraging and outlining staff health and wellness as well.

Amity School District takes the health and well-being of its students with the utmost care and concern. The district has met most of the goals noted in the Local Wellness Policy. The goals we continue to work toward can be met with minor changes.

___Danielle Ludwick_____ _____June 2023_____

Reviewer Date